

| 1.Semester Course Plan | | | | |
|------------------------|--|-------|---------------------|-----------|
| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
| AIT101 | ATATURK'S PRINCIPLES AND HISTORY OF TURKISH REVOLUTION I | 2+0+0 | Compulsory | 2 |
| RKR101 | INTRODUCTION TO RECREATIONAL SCIENCES | 3+0+0 | Compulsory | 5 |
| RKR103 | RECREATIONAL SOCIOLOGY | 3+0+0 | Compulsory | 5 |
| RKR105 | SPORTING RECREATION | 2+1+0 | Compulsory | 4 |
| RKR107 | TOURISM RECREATION | 2+0+0 | Compulsory | 4 |
| RKR109 | ADAPTATION TO UNIVERSITY LIFE | 1+2+0 | Compulsory | 4 |
| RKR111 | BASIC USE OF COMPUTER AND TECHNOLOGY | 2+1+0 | Compulsory | 4 |
| TRD101 | TURKISH LANGUAGE I | 2+0+0 | Compulsory | 2 |
| Total ECTS | | | | 30 |

| 2.Semester Course Plan | | | | |
|------------------------|---|-------|---------------------|-----------|
| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
| AIT102 | ATATURK'S PRINCIPLES AND HISTORY OF TURKISH REVOLUTION II | 2+0+0 | Compulsory | 2 |
| DJT100 | DIGITAL LITERACY | 2+0+0 | Compulsory | 3 |
| RKR102 | PHILOSOPHY OF SPORTS | 3+0+0 | Compulsory | 5 |
| RKR104 | REPORTING AND PRESENTATION TECHNIQUES | 2+1+0 | Compulsory | 5 |
| RKR106 | CAMPUS RECREATION | 2+1+0 | Compulsory | 4 |
| RKR108 | SPORTS ANATOMY | 2+0+0 | Compulsory | 4 |
| RKR110 | THERAPEUTIC RECREATION | 2+1+0 | Compulsory | 4 |
| RKR112 | HEALTH INFORMATION AND FIRST AID | 2+0+0 | Compulsory | 4 |
| TRD102 | TURKISH LANGUAGE II | 2+0+0 | Compulsory | 2 |
| Total ECTS | | | | 33 |

| 3.Semester Course Plan | | | | |
|------------------------|---|-------|---------------------|-----------|
| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
| RKR201 | THEORETICAL APPROACHES IN FREE TIME | 3+0+0 | Compulsory | 5 |
| RKR203 | PUBLIC AND LOCAL GOVERNMENT RECREATION | 2+0+0 | Compulsory | 4 |
| RKR205 | MARKETING IN RECREATION COMPANIES | 2+0+0 | Compulsory | 4 |
| RKR207 | SCIENTIFIC RESEARCH METHODS | 2+0+0 | Compulsory | 4 |
| RKR209 | RECREATION AND URBANIZATION | 2+0+0 | Compulsory | 3 |
| YDB201 | FOREIGN LANGUAGE I | 2+0+0 | Compulsory | 2 |
| SEÇ201 | AREA ELECTIVE COURSE-I (1 COURSE WILL BE SELECTED) | - | Elective | 3 |
| SEÇ203 | ELECTIVE INDIVIDUAL SPORTS-I (1 COURSE WILL BE ELECTED) | - | Elective | 5 |
| Total ECTS | | | | 30 |

| | | | | |
|--------|--------------------------------------|-------|----------|---|
| ASD201 | DICTION-I | 2+1+0 | Elective | 3 |
| ASD203 | TRADITIONAL AND STREET GAMES-I | 2+1+0 | Elective | 3 |
| ASD205 | YOUTH CAMPS-I | 2+1+0 | Elective | 3 |
| ASD207 | RECREATION FOR EVERYONE-I | 2+1+0 | Elective | 3 |
| ASD209 | CULTURE AND ART RECREATION-I | 2+1+0 | Elective | 3 |
| ASD211 | ADVENTURE RECREATION-I | 2+1+0 | Elective | 3 |
| ASD213 | MESSAGE-I | 2+1+0 | Elective | 3 |
| ASD215 | METaverse AND METALEISURE-I | 2+1+0 | Elective | 3 |
| ASD217 | OLYMPISM AND FAIRPLAY-I | 2+1+0 | Elective | 3 |
| ASD219 | THEATERAL ACTIVITIES IN RECREATION-I | 2+1+0 | Elective | 3 |
| ASD221 | RETRO Leisure-I | 2+1+0 | Elective | 3 |
| ASD223 | HEALTHY NUTRITION-I | 2+1+0 | Elective | 3 |
| SBS201 | ATHLETICS-I | 2+2+0 | Elective | 5 |
| SBS203 | BADMINTON-I | 2+2+0 | Elective | 5 |
| SBS205 | Billiards-I | 2+2+0 | Elective | 5 |
| SBS207 | BICYCLE-I | 2+2+0 | Elective | 5 |
| SBS209 | BOCCE-I | 2+2+0 | Elective | 5 |
| SBS211 | BOWLING-I | 2+2+0 | Elective | 5 |
| SBS213 | DART-I | 2+2+0 | Elective | 5 |
| SBS215 | OUTDOOR SPORTS-I | 2+2+0 | Elective | 5 |
| SBS217 | GENERAL GYMNASTICS-I | 2+2+0 | Elective | 5 |
| SBS219 | WRESTLE-I | 2+2+0 | Elective | 5 |
| SBS221 | FOLK DANCES-I | 2+2+0 | Elective | 5 |
| SBS223 | SCOUTING-I | 2+2+0 | Elective | 5 |

| | | | | |
|--------|-----------------------------|-------|----------|---|
| SBS225 | CANOE-RAFTING-I | 2+2+0 | Elective | 5 |
| SBS227 | SKI-I | 2+2+0 | Elective | 5 |
| SBS229 | PING PONG-I | 2+2+0 | Elective | 5 |
| SBS231 | ARCHERY-I | 2+2+0 | Elective | 5 |
| SBS233 | PILATES-I | 2+2+0 | Elective | 5 |
| SBS235 | CHESS-I | 2+2+0 | Elective | 5 |
| SBS237 | STEP AEROBICS-I | 2+2+0 | Elective | 5 |
| SBS239 | TENNIS-I | 2+2+0 | Elective | 5 |
| SBS241 | TREKKING-I | 2+2+0 | Elective | 5 |
| SBS243 | BODY BUILDING AND FITNESS-I | 2+2+0 | Elective | 5 |
| SBS245 | SWIMMING-I | 2+2+0 | Elective | 5 |

4.Semester Course Plan

| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
|-------------------|---|-------|---------------------|-----------|
| RKR202 | HUMAN RESOURCES MANAGEMENT IN RECREATION | 2+0+0 | Compulsory | 4 |
| RKR204 | the EKOREKREASYO | 2+0+0 | Compulsory | 4 |
| RKR206 | RHYTHM TRAINING AND DANCE | 1+2+0 | Compulsory | 4 |
| RKR208 | VOLUNTEERING IN RECREATION | 2+2+0 | Compulsory | 4 |
| RKR210 | STATISTICS | 2+0+0 | Compulsory | 4 |
| YDB202 | FOREIGN LANGUAGE II | 2+0+0 | Compulsory | 2 |
| SEÇ202 | AREA ELECTIVE COURSE-II (1 COURSE WILL BE SELECTED) | - | Elective | 3 |
| SEÇ204 | TEAM ELECTIVE SPORTS-I (1 COURSE WILL BE ELECTED)) | - | Elective | 5 |
| Total ECTS | | | | 30 |

| | | | | |
|--------|---------------------------------------|-------|----------|---|
| ASD202 | DICTION-II | 2+1+0 | Elective | 3 |
| ASD204 | TRADITIONAL AND STREET GAMES- II | 2+1+0 | Elective | 3 |
| ASD206 | YOUTH CAMPS-II | 2+1+0 | Elective | 3 |
| ASD208 | RECREATION FOR EVERYONE-II | 2+1+0 | Elective | 3 |
| ASD210 | CULTURE AND ART RECREATION-II | 2+1+0 | Elective | 3 |
| ASD212 | ADVENTURE RECREATION-II | 2+1+0 | Elective | 3 |
| ASD214 | MASSAGE-II | 2+1+0 | Elective | 3 |
| ASD216 | METAVERSE AND METALEISURE-II | 2+1+0 | Elective | 3 |
| ASD218 | OLYMPISM AND FAIRPLAY-II | 2+1+0 | Elective | 3 |
| ASD220 | THEATERAL ACTIVITIES IN RECREATION-II | 2+1+0 | Elective | 3 |
| ASD222 | RETRO Leisure-II | 2+1+0 | Elective | 3 |
| ASD224 | HEALTHY NUTRITION-II | 2+1+0 | Elective | 3 |
| STS202 | FOOTBALL-I | 2+2+0 | Elective | 5 |
| STS204 | VOLLEYBALL-I | 2+2+0 | Elective | 5 |
| STS206 | BASKETBOL-I | 2+2+0 | Elective | 5 |
| STS208 | HANDBALL-I | 2+2+0 | Elective | 5 |
| STS210 | FUTSAL-I | 2+2+0 | Elective | 5 |
| STS212 | KIN-BALL-I | 2+2+0 | Elective | 5 |

5.Semester Course Plan

| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
|-------------------|--|-------|---------------------|-----------|
| RKR301 | RESEARCH AND PROJECT-I IN RECREATION | 3+1+0 | Compulsory | 5 |
| RKR303 | RECREATION IN DISABLED GROUPS | 2+1+0 | Compulsory | 4 |
| RKR305 | RECREATIVE GAMES | 2+1+0 | Compulsory | 3 |
| RKR307 | PARK RECREATION | 2+1+0 | Compulsory | 3 |
| RKR309 | PSYCHOMOTOR DEVELOPMENT | 2+0+0 | Compulsory | 4 |
| RKR311 | PROFESSIONAL ENGLISH-I | 2+0+0 | Compulsory | 3 |
| SEÇ301 | ELECTIVE COURSE-III (1 COURSE WILL BE CHOSEN) | - | Elective | 3 |
| SEÇ303 | ELECTIVE INDIVIDUAL SPORTS-II (1 COURSE WILL BE ELECTED) | - | Elective | 5 |
| Total ECTS | | | | 30 |

| | | | | |
|--------|--|-------|----------|---|
| ASD301 | DICTION-III | 2+1+0 | Elective | 3 |
| ASD303 | TRADITIONAL AND STREET GAMES- III | 2+1+0 | Elective | 3 |
| ASD305 | YOUTH CAMPS-III | 2+1+0 | Elective | 3 |
| ASD307 | RECREATION FOR EVERYONE-III | 2+1+0 | Elective | 3 |
| ASD309 | CULTURE AND ART RECREATION-III | 2+1+0 | Elective | 3 |
| ASD311 | ADVENTURE RECREATION-III | 2+1+0 | Elective | 3 |
| ASD313 | MASSAGE-III | 2+1+0 | Elective | 3 |
| ASD315 | METAVERSE AND METALEISURE-III | 2+1+0 | Elective | 3 |
| ASD317 | OLYMPISM AND FAIRPLAY-III | 2+1+0 | Elective | 3 |
| ASD319 | THEATERAL ACTIVITIES IN RECREATION-III | 2+1+0 | Elective | 3 |
| ASD321 | RETRO Leisure-III | 2+1+0 | Elective | 3 |
| ASD323 | HEALTHY NUTRITION-III | 2+1+0 | Elective | 3 |
| SBS301 | ATHLETICS-II | 2+2+0 | Elective | 5 |
| SBS303 | BADMINTON-II | 2+2+0 | Elective | 5 |

| | | | | |
|--------|------------------------------|-------|----------|---|
| SBS305 | Billiards-II | 2+2+0 | Elective | 5 |
| SBS307 | BICYCLE-II | 2+2+0 | Elective | 5 |
| SBS309 | BOCCE-II | 2+2+0 | Elective | 5 |
| SBS311 | BOWLING-II | 2+2+0 | Elective | 5 |
| SBS313 | DART-II | 2+2+0 | Elective | 5 |
| SBS315 | OUTDOOR SPORTS-II | 2+2+0 | Elective | 5 |
| SBS317 | GENERAL GYMNASTICS-II | 2+2+0 | Elective | 5 |
| SBS319 | WRESTLE-II | 2+2+0 | Elective | 5 |
| SBS321 | FOLK DANCES-II | 2+2+0 | Elective | 5 |
| SBS323 | SCOUTING-II | 2+2+0 | Elective | 5 |
| SBS325 | CANOE-RAFTING-II | 2+2+0 | Elective | 5 |
| SBS327 | SKI-II | 2+2+0 | Elective | 5 |
| SBS329 | PING PONG-II | 2+2+0 | Elective | 5 |
| SBS331 | ARCHERY-II | 2+2+0 | Elective | 5 |
| SBS333 | PILATES-II | 2+2+0 | Elective | 5 |
| SBS335 | CHESS-II | 2+2+0 | Elective | 5 |
| SBS337 | STEP AEROBICS-II | 2+2+0 | Elective | 5 |
| SBS339 | TENNIS-II | 2+2+0 | Elective | 5 |
| SBS341 | TREKKING-II | 2+2+0 | Elective | 5 |
| SBS343 | BODY BUILDING AND FITNESS-II | 2+2+0 | Elective | 5 |
| SBS345 | SWIMMING-II | 2+2+0 | Elective | 5 |

6.Semester Course Plan

| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
|-------------------|---|-------|---------------------|-----------|
| RKR302 | RESEARCH AND PROJECT IN RECREATION-II | 3+1+0 | Compulsory | 5 |
| RKR304 | DIGITAL FREE TIME | 2+0+0 | Compulsory | 4 |
| RKR306 | CURRENT APPROACHES IN RECREATION | 2+0+0 | Compulsory | 3 |
| RKR308 | RECREATIONAL PSYCHOLOGY | 2+0+0 | Compulsory | 4 |
| RKR310 | TIME MANAGEMENT | 2+0+0 | Compulsory | 3 |
| RKR312 | PROFESSIONAL ENGLISH II | 2+0+0 | Compulsory | 3 |
| SEÇ302 | AREA ELECTIVE COURSE-IV (1 COURSE WILL BE SELECTED) | - | Elective | 3 |
| SEÇ304 | TEAM ELECTIVE SPORTS-II (1 COURSE WILL BE ELECTED)) | - | Elective | 5 |
| Total ECTS | | | | 30 |

| | | | | |
|--------|---------------------------------------|-------|----------|---|
| ASD302 | DICTION-IV | 2+1+0 | Elective | 3 |
| ASD304 | TRADITIONAL AND STREET GAMES- IV | 2+1+0 | Elective | 3 |
| ASD306 | YOUTH CAMPS-IV | 2+1+0 | Elective | 3 |
| ASD308 | RECREATION FOR EVERYONE-IV | 2+1+0 | Elective | 3 |
| ASD310 | CULTURE AND ART RECREATION-IV | 2+1+0 | Elective | 3 |
| ASD312 | ADVENTURE RECREATION-IV | 2+1+0 | Elective | 3 |
| ASD314 | MASSAGE-IV | 2+1+0 | Elective | 3 |
| ASD316 | METAVVERSE AND METALEISURE-IV | 2+1+0 | Elective | 3 |
| ASD318 | OLYMPISM AND FAIRPLAY-IV | 2+1+0 | Elective | 3 |
| ASD320 | THEATERAL ACTIVITIES IN RECREATION-IV | 2+1+0 | Elective | 3 |
| ASD322 | RETRO Leisure-IV | 2+1+0 | Elective | 3 |
| ASD324 | HEALTHY NUTRITION-IV | 2+1+0 | Elective | 3 |
| STS302 | FOOTBALL-II | 2+2+0 | Elective | 5 |
| STS304 | VOLLEYBALL-II | 2+2+0 | Elective | 5 |
| STS306 | BASKETBOL-II | 2+2+0 | Elective | 5 |
| STS308 | HANDBALL-II | 2+2+0 | Elective | 5 |
| STS310 | FUTSAL-II | 2+2+0 | Elective | 5 |
| STS312 | KIN-BALL-II | 2+2+0 | Elective | 5 |

7.Semester Course Plan

| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
|-------------------|---|-------|---------------------|-----------|
| RKR401 | RECREATION MANAGEMENT | 3+0+0 | Compulsory | 5 |
| RKR403 | EFFECTIVE COMMUNICATION SKILLS | 2+0+0 | Compulsory | 4 |
| RKR405 | RECREATION FOR CHILDREN AND THE ELDERLY | 2+0+0 | Compulsory | 4 |
| RKR407 | ENTREPRENEURSHIP | 3+0+0 | Compulsory | 5 |
| RKR409 | PHYSICAL ACTIVITY AND HEALTH | 2+0+0 | Compulsory | 4 |
| SEÇ401 | AREA ELECTIVE COURSE-V (1 COURSE WILL BE SELECTED) | - | Elective | 3 |
| SEÇ403 | ELECTIVE INDIVIDUAL SPORTS-III (1 COURSE WILL BE ELECTED) | - | Elective | 5 |
| Total ECTS | | | | 30 |

| | | | | |
|--------|--------------------------------|-------|----------|---|
| ASD401 | DICTION-V | 2+1+0 | Elective | 3 |
| ASD403 | TRADITIONAL AND STREET GAMES-V | 2+1+0 | Elective | 3 |
| ASD405 | YOUTH CAMPS-V | 2+1+0 | Elective | 3 |
| ASD407 | RECREATION FOR EVERYONE-V | 2+1+0 | Elective | 3 |
| ASD409 | CULTURE AND ART RECREATION-V | 2+1+0 | Elective | 3 |

| | | | | |
|--------|--------------------------------------|-------|----------|---|
| ASD411 | ADVENTURE RECREATION-V | 2+1+0 | Elective | 3 |
| ASD413 | MASSAGE-V | 2+1+0 | Elective | 3 |
| ASD415 | METAVERSE AND METALEISURE-V | 2+1+0 | Elective | 3 |
| ASD417 | OLYMPISM AND FAIRPLAY-V | 2+1+0 | Elective | 3 |
| ASD419 | THEATERAL ACTIVITIES IN RECREATION-V | 2+1+0 | Elective | 3 |
| ASD421 | RETRO Leisure-V | 2+1+0 | Elective | 3 |
| ASD423 | HEALTHY NUTRITION-V | 2+1+0 | Elective | 3 |
| SBS401 | ATHLETICS-III | 2+2+0 | Elective | 5 |
| SBS403 | BADMINTON-III | 2+2+0 | Elective | 5 |
| SBS405 | Billiards-III | 2+2+0 | Elective | 5 |
| SBS407 | BICYCLE-III | 2+2+0 | Elective | 5 |
| SBS409 | BOCCE-III | 2+2+0 | Elective | 5 |
| SBS411 | BOWLING-III | 2+2+0 | Elective | 5 |
| SBS413 | DART-III | 2+2+0 | Elective | 5 |
| SBS415 | OUTDOOR SPORTS-III | 2+2+0 | Elective | 5 |
| SBS417 | GENERAL GYMNASTICS-III | 2+2+0 | Elective | 5 |
| SBS419 | WRESTLE-III | 2+2+0 | Elective | 5 |
| SBS421 | FOLK DANCES-III | 2+2+0 | Elective | 5 |
| SBS423 | SCOUTING-III | 2+2+0 | Elective | 5 |
| SBS425 | CANOE-RAFTING-III | 2+2+0 | Elective | 5 |
| SBS427 | SKI-III | 2+2+0 | Elective | 5 |
| SBS429 | PING PONG-III | 2+2+0 | Elective | 5 |
| SBS431 | ARCHERY-III | 2+2+0 | Elective | 5 |
| SBS433 | PILATES-III | 2+2+0 | Elective | 5 |
| SBS435 | CHESS-III | 2+2+0 | Elective | 5 |
| SBS437 | STEP AEROBICS-III | 2+2+0 | Elective | 5 |
| SBS439 | TENNIS-III | 2+2+0 | Elective | 5 |
| SBS441 | TREKKING-III | 2+2+0 | Elective | 5 |
| SBS443 | BODY BUILDING AND FITNESS-III | 2+2+0 | Elective | 5 |
| SBS445 | SWIMMING-III | 2+2+0 | Elective | 5 |

8.Semester Course Plan

| Course Code | Course Name | T+A+L | Compulsory/Elective | ECTS |
|-------------------|--|-------|---------------------|-----------|
| RKR402 | SEMINAR | 2+4+0 | Compulsory | 6 |
| RKR404 | COMMERCIAL RECREATION | 2+0+0 | Compulsory | 4 |
| RKR406 | SOCIAL AWARENESS PROJECTS | 2+1+0 | Compulsory | 4 |
| RKR408 | RECREATION LEADERSHIP | 2+0+0 | Compulsory | 4 |
| RKR410 | CAREER PLANNING | 2+0+0 | Compulsory | 4 |
| SEÇ402 | AREA ELECTIVE COURSE-VI (1 COURSE WILL BE SELECTED) | - | Elective | 3 |
| SEÇ404 | TEAM ELECTIVE SPORTS-III (1 COURSE WILL BE ELECTED)) | - | Elective | 5 |
| Total ECTS | | | | 30 |
| ASD402 | DICTION-VI | 2+1+0 | Elective | 3 |
| ASD404 | TRADITIONAL AND STREET GAMES- VI | 2+1+0 | Elective | 3 |
| ASD406 | YOUTH CAMPS-VI | 2+1+0 | Elective | 3 |
| ASD408 | RECREATION FOR EVERYONE-VI | 2+1+0 | Elective | 3 |
| ASD410 | CULTURE AND ART RECREATION-VI | 2+1+0 | Elective | 3 |
| ASD412 | ADVENTURE RECREATION-VI | 2+1+0 | Elective | 3 |
| ASD414 | MASSAGE-VI | 2+1+0 | Elective | 3 |
| ASD416 | METAVERSE AND METALEISURE-VI | 2+1+0 | Elective | 3 |
| ASD418 | OLYMPISM AND FAIRPLAY-VI | 2+1+0 | Elective | 3 |
| ASD420 | THEATERAL ACTIVITIES IN RECREATION-VI | 2+1+0 | Elective | 3 |
| ASD422 | RETRO Leisure-VI | 2+1+0 | Elective | 3 |
| ASD424 | HEALTHY NUTRITION-VI | 2+1+0 | Elective | 3 |
| STS402 | FOOTBALL-III | 2+2+0 | Elective | 5 |
| STS404 | VOLLEYBALL-III | 2+2+0 | Elective | 5 |
| STS406 | BASKETBOL-III | 2+2+0 | Elective | 5 |
| STS408 | HANDBALL-III | 2+2+0 | Elective | 5 |
| STS410 | FUTSAL-III | 2+2+0 | Elective | 5 |
| STS412 | KIN-BALL-III | 2+2+0 | Elective | 5 |